



Gymnastics

2025-08-07

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| 08:30 - 20:15: | Acrobatic Men's Groups Men: Training |
| 08:30 - 20:15: | Acrobatic Women's Groups Women: Training |
| 08:30 - 20:15: | Acrobatic Pairs Men: Training |
| 08:30 - 20:15: | Acrobatic Pairs Mixed: Training |
| 08:30 - 20:15: | Acrobatic Pairs Women: Training |
| 09:00 - 13:15: | Trampoline Synchronised Men: Training |
| 09:00 - 13:15: | Trampoline Synchronised Women: Training |
| 10:00 - 12:20: | Trampoline Double Mini Men: Training |
| 10:00 - 12:20: | Trampoline Double Mini Women: Training |
| 10:00 - 12:20: | Trampoline Tumbling Men: Training |
| 10:00 - 12:20: | Trampoline Tumbling Women: Training |
| 15:00 - 19:15: | Trampoline Synchronised Men: Training |
| 15:00 - 19:15: | Trampoline Synchronised Women: Training |
| 16:00 - 18:20: | Trampoline Double Mini Men: Training |
| 16:00 - 18:20: | Trampoline Double Mini Women: Training |
| 16:00 - 18:20: | Trampoline Tumbling Men: Training |
| 16:00 - 18:20: | Trampoline Tumbling Women: Training |

2025-08-08

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| 09:00 - 14:00: | Acrobatic Men's Groups Men: Training |
| 09:00 - 14:00: | Acrobatic Women's Groups Women: Training |
| 09:00 - 14:00: | Acrobatic Pairs Men: Training |
| 09:00 - 14:00: | Trampoline Double Mini Men: Training |
| 09:00 - 14:00: | Trampoline Double Mini Women: Training |
| 09:00 - 14:00: | Trampoline Synchronised Women: Training |
| 09:00 - 14:00: | Trampoline Tumbling Men: Training |
| 09:00 - 14:00: | Trampoline Tumbling Women: Training |
| 13:20 - 14:20: | Trampoline Synchronised Men: Warm-up |
| 14:15 - 15:44: | Acrobatic Pairs Women: Warm-up |
| 14:30 - 16:17: | Acrobatic Pairs Mixed: Warm-up |
| 14:30 - 15:30: | Trampoline Synchronised Men: Qualification |
| 15:30 - 15:57: | Acrobatic Pairs Women: Qualification |
| 15:40 - 17:10: | Acrobatic Pairs Women: Warm-up |
| 16:00 - 16:24: | Acrobatic Pairs Mixed: Qualification |
| 16:10 - 17:42: | Acrobatic Pairs Mixed: Warm-up |
| 16:45 - 17:09: | Acrobatic Pairs Women: Qualification |
| 17:25 - 17:52: | Acrobatic Pairs Mixed: Qualification |
| 19:00 - 19:35: | Trampoline Synchronised Men: Warm-up |
| 19:23 - 20:43: | Acrobatic Pairs Women: Warm-up |
| 19:45 - 20:15: | Trampoline Synchronised Men: Final |
| 20:00 - 21:23: | Acrobatic Pairs Mixed: Warm-up |
| 20:20 - 20:30: | Trampoline Synchronised Men: Award Ceremony |
| 20:35 - 20:53: | Acrobatic Pairs Women: Final |
| 20:58 - 21:05: | Acrobatic Pairs Women: Award Ceremony |
| 21:15 - 21:30: | Acrobatic Pairs Mixed: Final |
| 21:35 - 21:45: | Acrobatic Pairs Mixed: Award Ceremony |

2025-08-09

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|----------------|---|
| 09:00 - 13:00: | Acrobatic Men's Groups Men: Training |
| 09:00 - 13:00: | Trampoline Double Mini Women: Training |
| 09:00 - 13:00: | Trampoline Synchronised Women: Training |
| 09:00 - 13:00: | Trampoline Tumbling Men: Training |
| 12:45 - 14:17: | Acrobatic Women's Groups Women: Warm-up |
| 13:00 - 14:44: | Acrobatic Pairs Men: Warm-up |
| 13:50 - 14:50: | Trampoline Double Mini Men: Warm-up |
| 14:00 - 14:27: | Acrobatic Women's Groups Women: Qualification |

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| 14:20 - 15:54: | Acrobatic Women's Groups Women: Warm-up |
| 14:30 - 14:54: | Acrobatic Pairs Men: Qualification |
| 14:50 - 16:24: | Acrobatic Pairs Men: Warm-up |
| 15:00 - 15:30: | Trampoline Double Mini Men: Qualification |
| 15:30 - 16:30: | Trampoline Tumbling Women: Warm-up |
| 15:40 - 16:04: | Acrobatic Women's Groups Women: Qualification |
| 16:07 - 16:34: | Acrobatic Pairs Men: Qualification |
| 16:40 - 17:10: | Trampoline Tumbling Women: Qualification |
| 18:30 - 19:20: | Trampoline Double Mini Men: Warm-up |
| 19:00 - 20:23: | Acrobatic Women's Groups Women: Warm-up |
| 19:30 - 19:50: | Trampoline Double Mini Men: Final |
| 19:45 - 20:45: | Trampoline Tumbling Women: Warm-up |
| 19:55 - 20:05: | Trampoline Double Mini Men: Award Ceremony |
| 20:15 - 20:33: | Acrobatic Women's Groups Women: Final |
| 20:25 - 21:48: | Acrobatic Pairs Men: Warm-up |
| 20:38 - 20:48: | Acrobatic Women's Groups Women: Award Ceremony |
| 20:55 - 21:15: | Trampoline Tumbling Women: Final |
| 21:20 - 21:30: | Trampoline Tumbling Women: Award Ceremony |
| 21:40 - 21:58: | Acrobatic Pairs Men: Final |
| 22:03 - 22:13: | Acrobatic Pairs Men: Award Ceremony |

2025-08-10

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|----------------|---|
| 12:30 - 14:17: | Acrobatic Men's Groups Men: Warm-up |
| 13:20 - 14:20: | Trampoline Double Mini Women: Warm-up |
| 14:00 - 14:24: | Acrobatic Men's Groups Men: Qualification |
| 14:00 - 15:00: | Trampoline Synchronised Women: Warm-up |
| 14:30 - 15:00: | Trampoline Double Mini Women: Qualification |
| 15:00 - 16:05: | Trampoline Tumbling Men: Warm-up |
| 15:10 - 16:40: | Acrobatic Men's Groups Men: Warm-up |
| 15:10 - 16:05: | Trampoline Synchronised Women: Qualification |
| 16:15 - 16:45: | Trampoline Tumbling Men: Qualification |
| 16:50 - 17:15: | Acrobatic Men's Groups Men: Qualification |
| 17:40 - 19:08: | Acrobatic Men's Groups Men: Warm-up |
| 18:30 - 19:30: | Trampoline Double Mini Women: Warm-up |
| 19:00 - 19:18: | Acrobatic Men's Groups Men: Final |
| 19:23 - 19:33: | Acrobatic Men's Groups Men: Award Ceremony |
| 19:25 - 20:15: | Trampoline Synchronised Women: Warm-up |
| 19:40 - 20:00: | Trampoline Double Mini Women: Final |
| 20:05 - 20:15: | Trampoline Double Mini Women: Award Ceremony |
| 20:15 - 21:00: | Trampoline Tumbling Men: Warm-up |
| 20:25 - 20:55: | Trampoline Synchronised Women: Final |
| 21:00 - 21:10: | Trampoline Synchronised Women: Award Ceremony |
| 21:15 - 21:35: | Trampoline Tumbling Men: Final |
| 21:40 - 21:50: | Trampoline Tumbling Men: Award Ceremony |

2025-08-11

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| 10:00 - 11:00: | Parkour Freestyle Men: Training |
| 11:00 - 12:00: | Parkour Speed Men: Training |
| 12:00 - 13:00: | Parkour Speed Women: Training |
| 13:00 - 14:00: | Parkour Freestyle Women: Training |
| 14:00 - 15:00: | Parkour Freestyle Men: Training |
| 15:00 - 16:00: | Parkour Speed Men: Training |
| 16:00 - 17:00: | Parkour Speed Women: Training |
| 17:00 - 18:00: | Parkour Freestyle Women: Training |

2025-08-12

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|----------------|--------------------------------------|
| 10:00 - 11:00: | Parkour Freestyle Men: Training |
| 11:00 - 12:00: | Parkour Speed Women: Training |
| 12:30 - 13:00: | Parkour Freestyle Men: Warm-up |
| 13:05 - 13:15: | Parkour Freestyle Men: Warm-up |
| 13:15 - 14:05: | Parkour Freestyle Men: Qualification |
| 15:00 - 15:30: | Parkour Speed Women: Warm-up |



Schedules for Gymnastics

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|----------------|---------------------------------------|
| 15:30 - 16:00: | Parkour Freestyle Men: Warm-up |
| 16:05 - 16:15: | Parkour Speed Women: Warm-up |
| 16:15 - 16:35: | Parkour Speed Women: Qualification |
| 16:40 - 16:50: | Parkour Freestyle Men: Warm-up |
| 16:50 - 17:22: | Parkour Freestyle Men: Final |
| 17:30 - 17:40: | Parkour Speed Women: Warm-up |
| 17:40 - 17:50: | Parkour Speed Women: Final |
| 17:55 - 18:02: | Parkour Freestyle Men: Award Ceremony |
| 18:03 - 18:10: | Parkour Speed Women: Award Ceremony |

2025-08-13

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|----------------|---|
| 10:00 - 11:00: | Parkour Freestyle Women: Training |
| 11:00 - 12:00: | Parkour Speed Men: Training |
| 12:30 - 13:00: | Parkour Freestyle Women: Warm-up |
| 13:05 - 13:15: | Parkour Freestyle Women: Warm-up |
| 13:15 - 14:05: | Parkour Freestyle Women: Qualification |
| 15:00 - 15:30: | Parkour Freestyle Women: Warm-up |
| 15:30 - 16:00: | Parkour Speed Men: Warm-up |
| 16:05 - 16:15: | Parkour Speed Men: Warm-up |
| 16:15 - 16:35: | Parkour Speed Men: Qualification |
| 16:40 - 16:50: | Parkour Freestyle Women: Warm-up |
| 16:50 - 17:25: | Parkour Freestyle Women: Final |
| 17:30 - 17:40: | Parkour Speed Men: Warm-up |
| 17:40 - 17:50: | Parkour Speed Men: Final |
| 17:55 - 18:02: | Parkour Freestyle Women: Award Ceremony |
| 18:03 - 18:10: | Parkour Speed Men: Award Ceremony |

2025-08-14

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|----------------|--------------------------------|
| 08:50 - 13:00: | Aerobic Dance Mixed: Training |
| 08:50 - 13:00: | Aerobic Groups Mixed: Training |
| 08:50 - 13:00: | Aerobic Trios Mixed: Training |
| 08:50 - 13:00: | Aerobic Pairs Mixed: Training |
| 15:00 - 19:20: | Aerobic Dance Mixed: Training |
| 15:00 - 19:20: | Aerobic Groups Mixed: Training |
| 15:00 - 19:20: | Aerobic Trios Mixed: Training |
| 15:00 - 19:20: | Aerobic Pairs Mixed: Training |

2025-08-15

| | |
|----------------|--------------------------------------|
| 08:00 - 11:30: | Aerobic Dance Mixed: Training |
| 08:00 - 11:30: | Aerobic Trios Mixed: Training |
| 12:25 - 13:52: | Aerobic Pairs Mixed: Warm-up |
| 13:25 - 14:52: | Aerobic Groups Mixed: Warm-up |
| 13:45 - 14:06: | Aerobic Pairs Mixed: Qualification |
| 14:45 - 15:06: | Aerobic Groups Mixed: Qualification |
| 18:15 - 19:15: | Aerobic Groups Mixed: Warm-up |
| 19:00 - 19:14: | Aerobic Pairs Mixed: Final |
| 19:25 - 19:39: | Aerobic Groups Mixed: Final |
| 19:45 - 19:52: | Aerobic Pairs Mixed: Award Ceremony |
| 19:53 - 20:00: | Aerobic Groups Mixed: Award Ceremony |

2025-08-16

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|----------------|-------------------------------------|
| 12:25 - 13:52: | Aerobic Dance Mixed: Warm-up |
| 13:10 - 14:37: | Aerobic Trios Mixed: Warm-up |
| 13:45 - 14:06: | Aerobic Dance Mixed: Qualification |
| 14:30 - 14:51: | Aerobic Trios Mixed: Qualification |
| 18:05 - 19:05: | Aerobic Dance Mixed: Warm-up |
| 18:30 - 19:30: | Aerobic Trios Mixed: Warm-up |
| 19:15 - 19:37: | Aerobic Dance Mixed: Final |
| 19:40 - 19:54: | Aerobic Trios Mixed: Final |
| 20:00 - 20:07: | Aerobic Dance Mixed: Award Ceremony |
| 20:08 - 20:15: | Aerobic Trios Mixed: Award Ceremony |